

BEAN CURD (To-Fu)

Hung Sui To-Fu.....	£9.90
deep fried bean curd braised in a tasty oyster sauce, with Chinese mushroom and roast pork	
Ma-Po To-Fu.....	£9.90
chopped bean curd with minced beef and chilli in a sesame oil	
Pe-Pa To-Fu.....	£14.90
deep fried minced prawns and bean curd	

VEGETARIAN GLUTEN DISHES




Vegetarian Dishes made from soya cooked in delicious sauce

Vegetarian Cantonese Barbecued "Pork".....	£9.60
Vegetarian Stir Fried "Duck" with Black Bean Sauce.....	£9.60
Vegetarian Stir Fried "Duck" with Ginger & Fresh Spring Onions.....	£9.60
Vegetarian Kung Po "Chicken".....	£9.60
Vegetarian "Chicken" with Mixed Vegetables.....	£9.60
Vegetarian "Chicken" with Cashew Nuts.....	£9.60
Vegetarian Sweet & Sour "Chicken".....	£9.60
Vegetarian Sliced "Chicken" in Szechuan Sauce.....	£9.60
Vegetarian "Chicken" with Green Pepper & Onions in Chilli.....	£9.60
Vegetarian Lemon "Chicken".....	£9.60
Vegetarian "Chicken" with Mushrooms.....	£9.60
Vegetarian Sliced "Chicken" with Sweetcorn Sauce.....	£9.60
Vegetarian "Chicken" in Satay Sauce.....	£9.60
diced vegetarian chicken fried with satay peanut sauce	
Vegetarian "Chicken" Malaysian Style.....	£10.90
diced vegetarian "Chicken", fried with spicy sauce and cashew nut	





VEGETARIAN BEAN CURD DISHES

Sweet & Sour To-Fu (Bean Curd).....	£9.00
Steamed Bean Curd with Soya Sauce.....	£8.50
Bean Curd.....	£9.50
A. in black bean sauce B. in Szechuan sauce	
Vegetarian Ma-Po To-Fu.....	£9.50
chopped bean curd with chilli in a sesame oil	

NOODLES (Vegetarian & Non - Vegetarian)

Fried Noodles or Rice Noodles or Ho Fun with Beansprouts 	£7.80
Singapore Style with Fried Noodles or Rice Noodles or Ho Fun.....	£9.00
shrimps, shredded meats, egg with spicy hot chilli	
Vegetarian Singapore Style with Fried Noodles or Rice Noodles or Ho Fun 	£9.00
Mixed Vegetables with Fried Noodles or Ho Fun or Rice Noodles 	£8.90
with sauce or dry	
Mixed Meats with Fried Noodles or Ho Fun or Rice Noodles with sauce or dry.....	£11.90
Mixed Seafood with Fried Noodles or Ho Fun or Rice Noodles with sauce or dry.....	£13.50
Chicken with Fried Noodles with sauce or dry.....	£10.50

RICE (Vegetarian & Non - Vegetarian)

Steamed Rice 	£3.70
Plain Fried Rice with Soya Sauce 	£4.20
Egg Fried Rice.....	£4.50
Special Fried Rice.....	£7.70
Chicken Fried Rice.....	£7.90
King Prawn Fried Rice.....	£9.60
Vegetarian Special Fried Rice 	£7.50
Pineapple Rice.....	£7.50
fried rice with shrimps, shredded mixed meats, egg and fresh pineapple pieces	
Vegetarian Pineapple Rice 	£7.50
Vegetarian Fried Rice with Hot Ginger 	£7.50
Vegetarian Fried Rice with Garlic 	£7.50

SET DINNER

SET DINNER A

PER PERSON £26.50

Minimum order 2 People

Appetizers : Imperial Gourmet Hors D'oeuvres
Intermediate Course : Crispy Aromatic Szechuan Duck
served with pancake

Main Course : Chicken with Cashew Nuts
Lamb with Spring Onions & Ginger
Stir Fried Mixed Vegetables
Special Fried Rice

SET DINNER B

PER PERSON £28.50

Minimum order 2 People

Appetizers : Imperial Gourmet Hors D'oeuvres
Intermediate Course : Crispy Aromatic Szechuan Duck
served with pancake

Main Course : King Prawn Szechuan Style
Chicken with Spring Onions & Ginger
Oyster Beef with Mushrooms
Stir Fried Mixed Vegetables
Pineapple Fried Rice

For Four People or more

An Extra Portion of : Sweet and Sour Pork

SET DINNER C

PER PERSON £28.50

Minimum order 2 People

Appetizers : Imperial Gourmet Hors D'oeuvres
Intermediate Course : Crispy Aromatic Szechuan Duck
served with pancakes

Main Course : King Prawn with Garlic Butter Sauce
Stir Fried Chicken with White Mushrooms
Chilli Beef
Stir Fried Mixed Vegetables
Special Fried Rice

For Four People or more

An Extra Portion of : Lamb with Spring Onions and Ginger
Special Fried Rice

VEGETARIAN SET DINNER E PER PERSON £26.50

Minimum order 2 People

Appetizers : Vegetarian Gourmet Hors D'oeuvres
Intermediate Course : Chap Chum or Vegetarian Crispy "Duck"
served with pancakes

Main Course : Sweet & Sour Vegetarian "Chicken"
Mushrooms in Black Bean Sauce
Stir Fried Mixed Vegetables with
Cashew Nuts in Bird's Nest
Vegetarian Special Fried Rice



TAKE AWAY MENU



TASTE OF CHINA
CHINESE RESTAURANT



www.harrotasteofchina.co.uk

170-174 STATION RD, HARROW, MIDDLESEX HA1 2RH

Tel: 020 8863 2080 / 020 8863 1140

10% DISCOUNT ON ANY DISH TO TAKE AWAY
(collection only)

Important Customer Notice:

"Food information for consumers regulations"

All food service from our menu may contain some or all of the following ingredients:
• Cereals / Wheat flour (containing gluten) • Egg • Fish (fish sauce)
• Soybeans (soy sauce) • Peanut • Milk • Nut (almonds, hazelnuts, walnuts, cashew nuts, seeds ect..) • Celery • Mustard • Sesame • Lupin • Sulphur dioxide (preservative vegetable, dried fruit) • Crustaceans (prawns, crabs, lobster & crayfish) • Molluscs (clams, mussels, oyster, squid, octopus) • Oil (peanut oil, sunflower oil, sesame oil)

Allergic to food not on the list?

If you are allergic to a food that is not on the regulatory list, it may not be included on the allergen information provided. If in doubt, speak to a member of staff.

Please kindly inform us of any food allergies prior to ordering your meal.

APPETISERS

Steamed Dim Sum Platter (prawn, chicken, vegetable).....	£11.90
Imperial Gourmet Hors D'oeuvres.....	per person £9.50
<small>(Min. Order - 2 People) five assorted delicacies</small>	
Hot Seafood Gourmet Hors D'oeuvres.....	per person £9.90
<small>(Min. Order - 2 People) five seafood assorted delicacies</small>	
Crispy Seaweed.....	£6.00
Crispy Spring Rolls.....	£5.70
Deep Fried Soft Shell Crab with Spice Salt & Garlic.....	each £7.90
Amusement Chicken.....	£8.90

shredded crispy chicken marinated in herbs and spices

Honey Barbecued Spare Ribs.....	£8.90
Spare Ribs Mandarin Style.....	£8.90
Deep Fried Chilli & Salted Spare Ribs.....	£8.90
Grilled Pork Dumplings served with red vinegar.....	£7.90
Fancy Chicken deep fried chicken in salt, garlic and peppers.....	£8.90
Fancy Bones (Pork Chop).....	£12.90

deep fried sliced pork chops in salt, garlic and peppers

Satay Skewers

(skewered and cooked with bamboo sticks served with spicy satay peanut sauce)

Chicken Skewers.....	£8.90
Prawns Skewers.....	£9.90
Deep Fried Crispy Squids served with sweet and sour sauce.....	£9.90
Fried "Chiu Yim" Squid in Salt & Garlic with Peppers.....	£9.90
Deep Fried "Chiu Yim" Prawns in Salt & Garlic with Peppers.....	£9.90
Sesame Prawns fresh prawn pate on toast dusted with sesame seeds.....	£8.30
Fried Prawns in Breadcrumbs.....	£9.90
Crispy Prawn Rolls.....	£9.90

Prawns in satay flavour wrapped in to roll, then deep fried

SOUP

Mixed Seafood Soup.....	£6.80
Won Ton Dumplings Soup.....	£5.00
Szechuan Hot & Sour Soup.....	£5.00
Sweetcorn with Chicken Soup.....	£5.00
Sweetcorn with Crabmeat Soup.....	£5.80
Chicken & Noodle Soup.....	£5.00
Chicken & Mushroom Soup.....	£5.00

VEGETARIAN APPETISERS V

Deep Fried Broccoli in Salt & Garlic with Peppers.....	£7.20
Deep Fried French Beans in Salt & Garlic with Peppers.....	£7.20
Deep Fried Asparagus in Salt & Garlic with Peppers.....	£8.20
Deep Fried Courgettes in Salt & Garlic with Peppers.....	£7.20
Deep Fried Courgettes served with Sweet & Sour Sauce.....	£7.30
Vegetarian Sesame Toast.....	£7.90
Thai Style Fried Sweet Potato.....	£7.20
Crispy Seaweed.....	£6.00
Crispy "Won Ton" Puffs.....	£7.20
Crispy Spring Rolls.....	£5.70
Chilli Dumplings.....	£8.20
Deep Fried Aubergine in Salt & Garlic with Peppers.....	£7.80
Deep Fried Bean Curd in Salt & Garlic with Peppers.....	£7.20
Vegetarian Satay Skewers.....	£8.60

VEGETARIAN INTERMEDIATE COURSES V

Vegetarian Crispy Duck.....	£11.60
<small>served with pancakes, cucumber, spring onions and Hoisin sauce</small>	
Chap Chum.....	£10.90
<small>mixed vegetables with special sauce and served with pancakes</small>	
Mixed Vegetables Lettuce Wrap.....	£10.90

VEGETARIAN SOUP V

Vegetarian Bean Curd Chowder Soup.....	£5.00
Vegetarian Hot & Sour Soup.....	£5.00
Vegetarian Sweet Corn Soup.....	£5.00
Vegetable Soup.....	£5.00

INTERMEDIATE COURSES

Chicken Lettuce Wrap special seeds fried with crystal diced chicken.....	£11.80
<small>in a bird's nest and served with iceberg lettuce</small>	
Mixed Seafood Lettuce Wrap.....	£13.90
Steamed Fresh Scallops (minimum order 2).....	each £7.90
<small>A. with black bean sauce B. with fresh ginger and spring onions with soya sauce</small>	
Crispy Aromatic Szechuan Duck.....	Whole £39.80
<small>succulent duck, flavoured throughout by marination in gentle spices, deep fried to perfection, eaten in rolled up pancakes</small>	
	Half £22.90
	Quarter £12.50
<small>with sliced cucumber, spring onion and Hoisin sauce</small>	

SPECIAL DISHES

Chicken, Lamb or Beef with.....	£10.90
<small>A. black bean sauce B. fresh ginger and spring onion</small>	
<small>C. Szechuan style D. black pepper sauce</small>	
<small>E. garlic butter sauce F. Cantonese style G. Thai curry sauce</small>	
Prawns or Squid.....	£13.90
<small>A. black bean sauce B. fresh ginger and spring onion</small>	
<small>C. Szechuan style D. black pepper sauce</small>	
<small>E. garlic butter sauce F. Cantonese style G. Thai curry sauce</small>	
Steak.....	£13.50
<small>A. black bean sauce B. fresh ginger and spring onion</small>	
<small>C. Szechuan style D. black pepper sauce</small>	
<small>E. garlic butter sauce F. Cantonese style G. Thai curry sauce</small>	

HOT POT DISHES

Lo-Hon Vegetables V	£10.80
<small>a recipe from the monk of "sui lam temple" in China</small>	
Mixed Seafood Party with Fresh Ginger & Spring Onions.....	£17.50
Diced Chicken, Lamb or Beef with Chinese Mushrooms & Bamboo Shoots.....	£13.50
Prawn with Chinese Mushrooms & Bamboo Shoots.....	£16.80

POULTRY

Pineapple Chicken.....	£9.90
Kung Po Chicken.....	£9.90
Chicken with Mixed Vegetables.....	£9.90
Chicken with Cashew Nuts.....	£9.90
Sweet & Sour Chicken.....	£9.90
Chicken with Green Pepper & Onions in Chilli.....	£9.90
Lemon Chicken.....	£9.90
Chicken with Mushrooms.....	£9.90
Chicken with Beansprouts.....	£9.90
Chicken in Satay Sauce.....	£9.90
Sliced Duck with Pineapple.....	£11.50
Roasted Duck.....	£11.50
Sliced Duck with Black Bean Sauce.....	£11.50
Sliced Duck with Beansprouts.....	£11.50
Rainbow Duck.....	£11.50
Sliced Duck with Fresh Spring Onions and Ginger.....	£11.50
Malaysian Spicy Chicken.....	£11.50
<small>diced chicken, fried with spicy sauce and cashew nuts</small>	
Thai Chilli Chicken.....	£11.50
<small>deep fried chicken fillets with sweet spicy sauce</small>	

MEAT

Sliced Beef with Beansprouts.....	£9.90
Oyster Beef.....	£9.90
Sliced Beef with Mixed Vegetables.....	£9.90
Sliced Beef in Satay Sauce.....	£9.90
Sliced Beef with White Mushrooms.....	£9.90
Sliced Beef with Yellow Bean Sauce.....	£9.90
Chilli Beef.....	£9.90
Sweet & Sour Pork.....	£9.90
Barbecued 'Char-Siu' Pork with White Mushrooms.....	£9.90
Barbecued 'Char-Siu' Pork.....	£9.90
Barbecued 'Char-Siu' Pork with Mixed Vegetable.....	£9.90
Barbecued 'Char-Siu' Pork with Ginger & Fresh Spring Onion.....	£9.90

Barbecued 'Char-Siu' Pork with Beansprouts.....	£9.90
Sliced Lamb with Satay Sauce.....	£9.90
<small>slices of lamb fried with satay peanut sauce</small>	
Sliced Lamb with Yellow Bean Sauce.....	£9.90
Sliced Lamb with Beansprouts.....	£9.90
Sliced Lamb with White Mushrooms.....	£9.90
Sliced Lamb with Mixed Vegetables.....	£9.90
XO Spicy Sauce Pork Chop.....	£14.80
Honey Pork Chop.....	£14.80

SEAFOOD

Fresh Lobster.....	Seasonal Price
<small>A. with black bean sauce B. with fresh ginger and spring onions</small>	
Steamed Sea Bass.....	Seasonal Price
<small>A. fresh ginger and spring onion B. with black bean sauce C. Szechuan style</small>	
Scallops in Bird's Nest.....	£17.80
<small>A. with prawns and broccoli B. with black bean sauce C. Szechuan style</small>	
Stir Fried Scallops with Mange Tout.....	£17.80
Five Willow Fish fresh sliced fish lightly coated with batter,.....	£11.50
<small>then deep fried and served in sweet and sour sauce</small>	
Sliced Fish with Sweetcorn Sauce.....	£11.50
Willow Fish Szechuan Style.....	£11.50
Sliced Fish Hunan Style fish braised in yellow bean sauce.....	£11.50
Sliced Fish in Black Bean Sauce.....	£11.50
Sliced Fish with Ginger & Fresh Spring Onions.....	£11.50
Sliced Fish in Lemon Sauce.....	£11.50
Bullet Prawns fresh prawns lightly fried with chilli.....	£12.90
Kung Po Prawns.....	£12.90
Sweet & Sour Prawns.....	£12.90
Prawns with Cashew Nuts in Bird's Nest.....	£12.90
Prawns in Satay Sauce fresh prawns cooked in satay peanut sauce.....	£12.90
Prawns with Pineapple.....	£12.90
Stir Fried Prawns with Beansprouts.....	£12.90
Stir Fried Prawns with Mixed Vegetables.....	£12.90
Stir Fried Prawns with Green Peppers & Onions in Chilli.....	£12.90
Malaysian Spicy Prawn.....	£13.90
<small>king prawns deep fried in batter and served with spicy sauce and cashew nuts</small>	

VEGETABLES V

Stir Fried Four Seasonal Vegetables.....	£9.90
Stir Fried Mixed Vegetables.....	£8.90
Sweet & Sour Mixed Vegetables.....	£8.90
Stir Fried Sea Spicy Mixed Vegetables.....	£8.90
Stir Fried Aubergine.....	£8.90
<small>A. sea spicy sauce B. in black bean sauce</small>	
Stir Fried Beansprouts.....	£8.90
Fried French Beans.....	£8.90
<small>A. yellow bean sauce B. fresh ginger and garlic</small>	
Stir Fried White Mushrooms.....	£8.90
Sautéed Mange Tout with Garlic Sauce.....	£8.90
Stir Fried Broccoli.....	£8.90
<small>A. garlic and fresh ginger B. oyster sauce C. Chinese mushrooms</small>	
Chinese Cabbage with Garlic & Ginger.....	£8.90
"Law Hon" Vegetable Hot Pot.....	£10.80
<small>a recipe from the monk's of "siu lam temple" in China served in a pot</small>	
Vegetables in Black Bean Sauce.....	£9.50
Seasonal Chinese Vegetables.....	£9.90
<small>A. garlic and fresh ginger B. oyster sauce</small>	
Stir Fried Chinese Mushrooms with Bamboo Shoots Hot Pot.....	£10.80
Mushrooms in Black Bean Sauce.....	£9.50
Stir Fried Young Sweet Corn with White Mushrooms.....	£9.50
Stir Fried Mixed Vegetables with Cashew Nuts in Bird's Nest.....	£9.80
Fried Seasonal Asparagus.....	£9.90
<small>A. black bean sauce B. garlic fresh ginger</small>	
<small>C. yellow bean sauce D. Thai curry sauce</small>	